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Understanding Ski Jumping: An Overview

Ski jumping is a thrilling winter sport where athletes descend a steep ramp at high speeds, leap into the air, and aim to land the longest jump possible before gliding to the finish line. But how are these impressive feats measured

and scored?

The Measurement of Ski Jumps: K-Point and Beyond

In ski jumping competitions, judges measure jumps from the takeoff to a reference point called the "K-point," which indicates the assessment

location for the distance covered by the athlete. The following table illustrates

the relationship between jump distance (in meters), K-point, and maximum landing

point:

table border="1"

thead

tr

th Distance (m)

th K-Point

th Max. Landing Point

tr

thead

tbody

tr

td 50

td 34

td 58

tr

tr

td 70

td 46

td 66

tr

tr

td 90

td 64

td 84

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td 105

td 87